

LANE D. SPERO, MD, FACS

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EDUCATION

July 17, 2002	Board Certified – American Board of Orthopaedic Surgery	Chicago, Illinois
August 1998- July 1999	Baylor College of Medicine <i>Spine Fellow</i> - Studied all areas of the spine including degenerative, traumatic, and deformity pathology in adults and children. Instrumented all levels of lumbar, thoracic, and cervical spine with and without decompression and/or fusion. Instructed residents on cases performed at county and Veterans teaching hospitals.	Houston, Texas
July 1994- June 1998	Albert Einstein College of Medicine/Montefiore Medical Center <i>Resident Physician in Orthopaedic Surgery</i> 97 th percentile American Board of Orthopaedic Surgery Part I, July 17, 1998	Bronx, New York
July 1993- June 1994	Albert Einstein College of Medicine/Montefiore Medical Center <i>Resident Physician in General Surgery</i>	Bronx, New York
August 1989- May 1993	Boston University School of Medicine -Doctor of Medicine, May, 1993 -Graduated from MMEDIC early admission program	Boston, Massachusetts
August 1984- May 1988	Boston University College of Liberal Arts Bachelor of Arts in Biology, Cum Laude, May, 1988	Boston, Massachusetts

EXPERIENCE

May 2008	FDA Investigator Co-investigator: Stabilimax Invited to participate in an Investigational device exemption (IDE) study for the stabilimax facet replacement device that has been developed by Applied Spinal Technologies, Inc.	New Haven, Connecticut
January 2008	AO Spine International Elected as faculty to international educational foundation to promote the advancement of spinal surgery/ medicine	Paoli, Pennsylvania
January 2007	AO North America Speaker/ Faculty Resident's spine course	Redondo Beach, California
October 2004- Present	Connecticut Orthopaedic Society Board Member	Connecticut
December 2001- Present	University of Connecticut Health Center <i>Clinical Assistant Department of Orthopaedic Surgery</i>	Farmington, Connecticut
September 2001- Present	State of Connecticut Quality Assurance Review orthopaedic cases for potential malpractice/ misconduct/ deficiencies based on the standard of care and make recommendations to the state of Connecticut medical board.	Torrington, Connecticut
August 2000- Present	Litchfield Hills Orthopedic Associates, LLP Reconstructive spinal surgery including tumors, trauma, degenerative	Torrington, Connecticut

disease, total disc replacement, and scoliosis. Developing a spine center.

August 1999- August 2000	Specialty Orthopaedics General orthopaedic surgery with a concentration toward spine and trauma surgery.	White Plains, New York
August 1999- August 2000	Sound Shore Medical Center <i>Chief of Spine and Scoliosis Service</i> – Responsible for building, equipping, and organizing a spine surgery center.	New Rochelle, New York
August 1999- December 2001	Westchester Medical Center/ New York Medical College <i>Clinical Instructor</i> – Involved in resident teaching in the clinics and operating room.	Valhalla, New York
August 1998- July 1999	BenTaub General Hospital <i>Orthopaedic Surgeon</i> – Staffed regional level I trauma center and instructed residents in the operating room.	Houston, Texas
July 1995- June 1998	Montefiore Medical Center <i>Emergency Room Surgical Attending</i> - Cared for patients requiring the diagnostic and technical skills of a surgeon.	Bronx, New York
June 1996- June 1998	North Central Bronx Hospital <i>Emergency Room Surgical Attending</i> - Was the senior member of emergency room staff. Consulted on complicated surgical problems and precepted junior surgeons for surgical procedures.	Bronx, New York
July 1995- June 1996	Montefiore Medical Center <i>Quality Assurance Committee</i> - Reviewed inpatient records and made recommendations to improve standards of care.	Bronx, New York
Sept. 1985- May 1988	Microvascular Research Laboratory <i>Research Assistant</i> - Harvested and cultured bovine aortic and pulmonary artery endothelial cells and performed permeability studies.	Boston, Massachusetts

LICENSURE

New York State - Surgery and Medicine
Texas
Florida
Connecticut

LITERATURE/RESEARCH

Nevins, R.; **Spero, L.**, *Spine Problems in the Older Athlete*. The American Journal of Medicine & Sports: March/April 2000: pp 119-122.

Tifford, C.; **Spero, L.**; Luke, T.; Plancher, K., *Anterior Cruciate Ligament Surgery Made Safer: An Anatomic Study of the Infrapatellar Branches of the Saphenous Nerve*.

Presentation – Arthroscopy Association of North America, Vancouver 1999.

Spero, L., *Radial Head Fractures*, In: Rehabilitation of Fractures. Ed. Stanley Hoppenfeld.

Ahmad, S.; **Spero, L.**; Lewin, J.; Trenkman, E., *A New Maneuver to Clinically Evaluate Relocation after Traumatic Anterior Shoulder Dislocation*. Poster exhibit - American Academy of Orthopaedic Surgeons, San Francisco 1997.

Ahmad, S.; **Spero, L.**, *The Effects of Using Lumbosacral Weightlifting Belts During Resistive Exercises on Abdominal and Lower Back Strength.*
Poster exhibit - American Academy of Orthopaedic Surgeons,
New Orleans 1998.

Tifford, C.; **Spero, L.**; Luke, T.; Plancher, K., *Anterior Cruciate Ligament Surgery Made Safer: An Anatomic Study of the Infrapatellar Branches of the Saphenous Nerve.*
Poster exhibit - American Academy of Orthopaedic Surgeons,
Anaheim 1999.

Lester, B.; Jeong, G.; Perry, D.; **Spero, L.**, *A Simple Effective Splinting Technique for the Mallet Finger.* The American Journal of Orthopaedics, 29:3; March 2000

Spero, L.; Hipp, J.; Watters, W.; Esses, S., *Inter-observer Agreement in the Assessment of Cervical Spine Fusions Using Flexion-Extension X-rays.*
Presentation – Cervical Spine Research Society,
Seattle, December, 1999.

Tifford, C.; **Spero, L.**; Luke, T.; Plancher, K., *Anterior Cruciate Ligament Surgery Made Safer: An Anatomic Study of the Infrapatellar Branches of the Saphenous Nerve.* American Journal of Sports Medicine,

HONORS/AWARDS

- Was accepted into the highly selective Modular Medical Integrated Curriculum Program for early admission into Boston University School of Medicine.

SOCIETIES

American Academy of Orthopaedic Surgeons Member 1994 - present
Fellow American College of Surgeons 1994 - present
Massachusetts Medical Society 1989 – 1994
North American Spine Society 1999 – present
Connecticut Orthopaedic Society 2002 - present

REFERENCES

Available upon request