

ROBERT LAWRENCE FRIEDMAN, M.D.
CURRICULUM VITAE

Personal:

Home: 2852 Homestead Drive
Easton, PA 18040
(908) 319-0621
email: rlfriedman13@gmail.com

Birth: May 1, 1962. San Pedro, California

Family: daughter, Kaitlyn Brooke, born April 13, 1995
son, Justin Mitchell, born July 15, 1997

Board Certification: American Board of Orthopedic Surgeons, July 11, 1997
Recertified in 2017

Current Position: **Director of Sports Medicine**
Coordinated Health Network
3100 Emrick Blvd
Bethlehem, PA 18045

Private Practice:
1995-2015 **Orthopedic Associates of the Greater Lehigh Valley**
Northwood Medical Arts Building 755 Memorial Hwy, Suite 101
3735 Easton-Nazareth Highway, Ste 101 Phillipsburg, NJ 08865
Easton, PA 18045 (908) 859-5585
(610) 252-1600 (610) 250-9257 (fax)

Postgraduate Training:

1994-1995: **Southern California Center for Sports Medicine**
Fellowship: Douglas W. Jackson, M.D.
2760 Atlantic Avenue
Long Beach, CA 90806
(310) 424-6666

1990-1994: Orthopaedic Surgery
Residency: **Duke University Medical Center**
Durham, NC 27710
James R. Urbaniak, M.D., Chief

1989-1990: General and Thoracic Surgery
Residency: **Duke University Medical Center**
David S. Sabiston, Jr., M.D., Chairman

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Postgraduate Training con't:

1988-1989: General Surgery
Internship: **University of California at San Diego Medical Ctr**
San Diego, CA 92103
A.R. Moossa, M.D., Chief

Education:

1986-1988: **University of California at Los Angeles**
Medical: Los Angeles, CA 90024

1984-1986: **Saint Louis University**
Medical: St. Louis, MO 63204

1980-1984: **University of California at Santa Barbara**
College: Santa Barbara, CA 93100
B.A. Biology, High Honors, June 1984

1976-1980: **Miraleste High School**
High School: Rancho Palos Verdes, CA 90274

Presentations:

2005: **The Effect of Evolving Technique on Outcome and Limb Alignment in Total Knee Arthroplasty**
Piedmont Orthopaedic Society, Sea Island, GA May 2005
(Chairman Award Recipient-Most Outstanding Paper of Meeting)

Experiences in Forming A Risk Retention Group
Piedmont Orthopaedic Society, Sea Island, GA May 2005

1998: **A. Friedman, RL: *Intraarticular Manifestations of an Extraarticular Tumor of the Knee***
Piedmont Orthopaedic Society, Ocean Reef, FL, May 1998

1997: **B. Friedman, RL: *Management of Articular Cartilage Defects of the Knee***
Piedmont Orthopaedic Society, Sea Island, GA, May 1997

1995: **C. Sallay, PI; Garrett, WE; Friedman, RL; and Coogan, PG: *Hamstring Injuries in Waterskiing: Functional Outcome and Prevention.***
AOSSM National Meeting, Orlando, Feb. 1995

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Presentations con't:

1992-1993: **D. Friedman, RL;** Glisson, RR; and Nunley, JA: *A Biomechanical Comparative Analysis of Two Techniques for Tibiotalar Arthrodesis.*

- 1) OREF Regional Meeting, Oct 1992
- 2) AOFAS National Meeting, San Francisco, Feb 1993
- 3) 6th Annual Orthopaedic Research Conference, May 1993
- 4) North Carolina Orthopaedic Association, Oct 1993

E. Friedman, RL; and Feagin, JA: *Topographical Anatomy of the Intercondylar Roof.*

- 1) AOA 26th Annual Resident's Conf., March 1993
- 2) 6th Annual Orthopaedic Research Conference, May 1993

Publications:

1996: **1. Sallay, P.I.; Friedman, RL;** Coogan, P.G.; and Garrett, WE: Hamstring Muscle Injuries Among Water Skiers: Functional and Prevention. *AJOSM*, 24(2):130-36, 1996. Outcome

2. Friedman, RL; and Jackson, DW: Magnetic Resonance Imaging of the Anterior Cruciate Ligament: Current Concepts. *Orthopedics*, 19(6): 1-7, 1996.

1995: **3. Friedman, RL;** and Morrison, DS: Recurrent Spur Following Open Subacromial Decompression. A Case Report. *J. of Shoulder and Elbow Surg.* 4(6):468-71, 1995.

4. Friedman, RL; Hall, RL; and Goldner, JL: Adolescent Hallux Valgus Treated by Metatarsal and Phalangeal Osteotomy - An Outcome Study. *Orthopaedic Transactions.*, 19(1):134, 1995.

5. Morrison, DS; Schaefer, RK; and **Friedman, RL:** The Relationship Between Subacromial Space Pressure, Blood Pressure, and Visual Clarity During Arthroscopic Subacromial Decompression. *Arthroscopy*, 11(5):557-560, 1995.

6. Littlefield, WG; **Friedman, RL;** and Urbaniak, JR: Nonunion of the Carpal Scaphoid in Children: A Case Report. *J. of Bone and Joint Surg.*, 77(A):124-126, January 1995.

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Publications con't:

1994: 7. **Friedman, RL**; Glisson, RR; and Nunley, JA: A Biomechanical Comparative Analysis of Two Techniques for Tibiotalar Arthrodesis. *Foot and Ankle Int.*, 15(6): 301-305, June 1994.

 8. **Friedman, RL**; and Feagin, JA: Topographical Anatomy of the Intercondylar Roof. *CORR*, 306: 163-170, 1994.

1993: 9. **Friedman, RL**; Hadalgo, HT; Gilmer, PW; and Mallon, WJ: Ultrasonography of the Rotator Cuff: Analysis of Results in a Primary Care Setting. *J. of Shoulder and Elbow Surg.*, 2(1): 22-26, Jan-Feb, 1993.

Chapters:

1996: 1. **Friedman, RL**; Simon, TM; Jackson, DW: the soft tissue allograft. In: Skeletal Reconstruction. Eds Ross & Friedlander. Edward Arnold, Hodder Headline PLC Group, 1996, Ch 16.

1994: 2. Jacobson, SR; Mallon, WJ; and **Friedman, RL**: Total Shoulder Arthroplasty. Orthopaedic Implants.

Recently Completed and Ongoing Work:

1997-Present: 1. Friedman, KD; **Friedman, RL**: Intraarticular Marcaine After Total Knee Arthroplasty as a Method to Reduce Postoperative Pain. (In Progress)

1996-Present: 2. Friedman, KD; **Friedman, RL**: Intraarticular Manifestations of an Extraarticular Tumor of the Knee. (In Progress)

1995-Present: 3. **Friedman, RL**; Simon, TM; and Jackson, DW: Assessment of the Biologic response in Allograft ACL Reconstruction: Use of Cultured Marrow Cells and Graft Processing

 4. Warden, WH; **Friedman, RL**; Teresi, LM; and Jackson, DW: Magnetic Resonance Imaging of Bio-absorbable (Polyactic Acid) Interference Screws During the First Two Years after ACL Reconstruction (In Print, *Arthroscopy*)

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Professional Affiliations:

American Academy of Orthopaedic Surgeons
Arthroscopy Association of North America
Piedmont Orthopedic Society Member
New Jersey Medical Association
Pennsylvania Medical Association
Lehigh Valley Orthopaedic Association

Academic Responsibilities:

1996-Present: Director of Orthopaedic and Sports Medicine curriculum for:
1. Family Practice Residents of the Robert Wood Johnson
Family Practice Program at Warren Hospital
2. Medical Students from four different programs on general surgery core
rotation

Hospital Affiliations and Leadership Roles:

1995 – Present: **Coordinated Health
Easton Hospital**
3100 Emrick Blvd
Bethlehem, PA 18045
Active Staff

Warren Hospital
185 Roseberry Steet
Phillipsburg, NJ 08865
Active Staff

Easton Hospital
250 South 25th Street
Easton, PA 18042
Active Staff

Director of Sports Medicine: 2015 to present
Board of Directors 2000-2008
Chief, Division of Orthopedic Surgery 2002-2004
President of Medical Staff: 2006-2008, 2012-2014
Chairman of the Medical Executive Committee: 2008-2012
President of the Warren Risk Retention Group: 2004-2010

Northwood Surgery Center
3729 Easton-Nazareth Hwy
Easton, PA 18045

Roseberry Surgery Center
Roseberry Street
Phillipsburg, NJ 08865

Other: **Piedmont Orthopedic Society Executive Committee 2004-2010**
Piedmont Orthopedic Society Program Chairman 2012
Duke Medical Alumni Council Committee Member 2011-2016

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Other Activities and Awards:

- 2000-Present** **Chairman of Piedmont Orthopedic Society Meeting 2012**
Served on the Executive Committee, Piedmont Orthopedic Society 2003-2009
Chairman's Award for most Outstanding Paper 2005
Kelly Award, Piedmont Orthopedic Society 2004
- 1990-1994:** Assistant Team Physician - Duke University: Men's Football, Basketball, Lacrosse, and Baseball
Team Physician - North Carolina Central University: Football, Basketball, and Track and Field
Piedmont Orthopaedic Society Grant (\$5,000)
2nd Place, Resident's Research Conference
- 1988:** Australian Olympic Medical Team Member
- 1984-1986:** U.S. Volleyball Association Team Member
- 1982-1984:** Phi Delta Theta Fraternity, President
University of California Education Abroad Program
University of Sussex, England
Sussex Colors Award, Top Athlete
England National Volleyball Team
- 1980:** High School Valedictorian
Humanitarian of the Year, Kiwanis International Award